BELS
Barnet Education & Learning Service

BELS Advisory Team for Autistic Children and Young People

BACPAC: Barnet Autism Course for Parents And Carers
An Online Parent/Carer Training Course

A comprehensive **online** training and support programme for parents and carers of children **aged 6-19,** with a **diagnosis of Autism.**

This course is available free of charge to **families living in Barnet.**

A 6-session online training course, covering topics including:

- An overview of what it means for your child to be Autistic.
- Communication.
- Sensory needs.
- Understanding emotional regulation/'behaviour'.

This course also gives parents and carers an opportunity to meet each other and share experiences.

Please do not sign up if you have already attended this course, or the Cygnets Course.

BACPAC: Barnet Autism Course for Parents And Carers
Spring Term 2025 (Two). A 6-session evening course

Dates and times:
Monday 24th Feb. 6.30-8.00pm
Monday 3rd March 6.30-8.00pm
Monday 10th March 6.30-8.00pm
Monday 17th March 6.30-8.00pm
Monday 24th March 6.30-8.00pm
Monday 31st March 6.30-8.00pm
Sign up here: https://forms.office.com/e/cuNZHsdSnF

For any enquires please email Autism.Team@barnet.gov.uk with 'BACPAC course' as the subject, thanks.