Monday 2nd January

Dear Parents and Carers,

The week commencing 23rd February (first week back after half term) SLLF will be taking part in **Food Bank Aid's 'Healthy Smile Campaign'**, helping to support families who are unable to afford basic dental care.

How you can help

We are inviting families to **donate toothpaste and toothbrushes** to help fill the dental care gap for children and adults using local food banks.

You are welcome to purchase toothpaste/toothbrushes as part of your usual shop or by **clicking the following link to the** Food Bank Aid Dental Shop **(or by scanning the QR code below)**. Please note: **each donation made via the Dental Shop will be doubled as part of Food Bank Aid's Charity Extra fundraising campaign this term.**

Make it fun at home: the Two-Minute Toothbrush Challenge!

To bring the campaign to life, children are invited to take part in the **Two-Minute Toothbrush Challenge** - a simple, fun way to practise good oral health at home.

- Pupils brush their teeth for a full **two minutes** each time for the whole week (use a timer!)
- For an extra challenge, they can try brushing while **standing on one leg**

Make it fun at school: Toothpaste Tower

We will be entering **into a competition** to win **£50 worth of books on food poverty,** by building a **toothpaste tower** using the donated items.

Every donation helps families take care of healthy smiles - thank you so much for your support!

Yours sincerely

Mrs Mitchell Mr Dalziel Mrs Taylor